

A CALL TO PRAYER AND FASTING  
MT. HERMON BAPTIST CHURCH FAMILY  
Isaiah 58:1-12  
2 Chronicles 7:12-14

Purpose

The Spiritual Needs of our Church and her Leadership

Forty Days

Beginning: August 26, 2020

Ending: October 7, 2020

Study and Prayer

Early Morning: At Least ONE Hour

Fasting From Food

Consisting of: ONE Meal or a portion of a meal DAILY  
(i.e. a particular food like bread, meat, coffee, dessert, or snack)

Must be done daily for the Forty Days

*Must be done in compliance with your health requirements or restrictions*

Meditation on Scripture

Scripture will change Weekly on Wednesdays

[www.mthermonbaptistchurch.org](http://www.mthermonbaptistchurch.org),

Mt. Hermon's Information Line (216-361-7272 ext. 2)

Meditation Scripture for Week of September 16<sup>TH</sup> is **PROVERBS 3:5-6**

Failures to Fasting and Prayer

The lack of consistency, dedication, and focus on the Purpose

Matthew 4:1-11 (Lack of Consistency)

Luke 18:10-14 (Lack of Dedication and Focus)

*If you are currently Fasting and Praying, please add this Purpose*