MT. HERMON BAPTIST CHURCH

2516 East 40th Street Cleveland, Ohio 44104 216-361-7272 www.mthermonbaptistchurch.org

Sunday, February 4, 2024

2024 CHURCH THEME: PHILIPPIANS 1:6

"Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ."

ANNOUNCEMENTS

98th CHURCH ANNIVERSARY – We praise God for His bountiful goodness in establishing this House of Worship as a place where, for ninety-eight years, His name has been honored, His gospel has been preached, and His favor sought. In remembrance of our Church Anniversary, we are asking ALL members for a special 98th Anniversary gift in commemoration of God's goodness towards us and our Church! We thank you in advance for whatever you give!!

2024 WELLNESS FAIR – Sign-up sheet for volunteers is available on the usher's desk in the vestibule.

AMAZING GRACE BIBLICAL COUNSELING MINISTRY – Marital problems, addictions, anger, anxiety/panic attacks, depression, grief, etc.? The Amazing Grace Biblical Counseling Ministry is available to help. The counselors are trained and confidential. Call the church office if you or someone you know wants real help for life's issues and be progressively changed from the inside out. You'll be glad you did!

THE LENTEN SEASON begins on Wednesday, February 14th commencing forty days of spiritual devotion and sacrifice. Take this time to feed on the word of God and pray in order to seek God's help in living a more devout Christ-filled life. For those who also wish to make a monetary sacrifice, lent cards are available – just ask an usher.

THE ANNUAL DAY OF PRAYER will be observed on Friday, February 16th from 9:00 a.m. until 6:00 p.m. The greatest resource we have is prayer, for it brings us into the very presence of God.

GOD'S MAILBOX - God's word says "Pray without ceasing." 1 Thessalonians 5:17. God's Mailbox Ministry was presented to Mt. Hermon many years ago by the late Dr. R. L. Fuller with a view of fostering an atmosphere of united prayer for all who approach God through such a unique channel of communication. Many prayers have been answered. Try God's Mailbox Today! Prayer sheets are located on the ushers' desk in the vestibule.



We thank the Mt. Hermon church family members and Elder Jones for all the condolences and prayers regarding the loss of our brother. May God bless all of you! *Sister Marjorie Brown and Sister Barbara Glenn*.



Brother Dock Hull is mourning the loss of his brother and was unable to attend his homegoing service. Please keep the family in your prayers.

Former member, Sister Eunice Gaddis will attend her brother's homegoing service Saturday, February 10th at First Community Baptist Church, 7004 Wade

Park Ave, Cleveland, OH 44103, with services commencing at 10:00 a.m. There will be a public viewing at Calhoun Funeral Home on Friday, February 9, 2023, from 4:00 p.m. - 8:00 p.m.

SUNDAY SCHOOL HYMN STANDING ON THE PROMISES

Standing on the promises of Christ my King, Through eternal ages let His praises ring, Glory in the highest, I will shout and sing, Standing on the promises of God.

Standing on the promises that cannot fail, Listening every moment to the Spirits call, Resting in my Saviour, as my all in all. Standing on the promises of God.

<u>CHORUS</u>

Standing, standing, Standing on the promises of God my Savior; Standing, standing, I'm standing on the promises of God.

FEBRUARY WEDDING ANNIVERSARIES

Brother Rufus and Sister Etta Williams – 14th, 1980 Deacon Darrell and Deaconess Rosemary Smith – 20th, 1982 Deacon Gregory and Deaconess Patricia Neal – 9th, 1984 Deacon Tyrone and Deaconess Pamela Burton – 14th, 1991

FEBRUARY BIRTHDAYS

Sister Louise Kindell – 3rd Sister Maudra Dennis – 6th Brother R. C. Smith -9^{th} Trustee Wife Sylvia E. Johnson – 10th Brother Samuel Hurst – 10th Sister Sylvia B. Johnson – 11th Sister Ruth Johnson – 11th Brother Jeffrey Ferrell – 11th Trustee Wife Cheryl Bloodworth – 13th Sister Troi Gorham - 14th Brother Curtis Eaton – 17th Brother Kevin Wright, Sr. – 18th Sister Peggy Raines – 19th Brother Myron Scruggs – 20th Sister Carol Williams – 20th Brother George Allen -22^{nd} Sister Roeshana Boyd – 24th Sister Kelly Bryant-Morgan – 24th Sister Shelia McKinney – 25th Deacon Douglas Little -25^{th} Deaconess Annette Reid – 27th Sister Carrie Lewis – 28th Mother Ruby McNeil – 28th Brother Tommie Poole – 28^{th}

Worship God is Spirit:

John 4:24.

"God is a Spirit: and they that worship him must worship him in spirit and in truth."

Worship is praising the One whom we love; Angels are gazing with rapture above; All we should render to Jesus our King; Lord and Defender His praises we sing.

He has created the stars at their birth; Scripture has stated His life on the earth; Friend of the outcast, the poor and the blind; Love which He broadcast is food for the mind.

Since He has finished His work on the tree,Sin has diminished in those who are free;By His salvation: His life and His blood,Sweet adoration is fitting and good.

HEART AWARENESS MONTH FROM THE NURSES GUILD

Choose a Heart Healthy Lifestyle.

• Engage in regular moderate aerobic exercise for at least 30 minutes five days a week or more vigorous workouts at least 20 minutes three times a week.



- Adopt a diet low in salt, sugar, saturated and trans fats and high in unsaturated fats (fish, avocado, etc.) like the Mediterranean Diet.
- Maintain a normal body weight with caloric adjustment.
- Take fish oil supplements.
- Avoid smoking and recreational drug use.
- Imbibe no more than $\frac{1}{2}$ to 1 alcoholic beverage per day. (One drink
- 2. Know and review your risk factors with a trusted physician.
- 3. Your physician may recommend medications to control cholesterol, hypertension and diabetes.
- 4. High-risk individuals should consider taking a daily aspirin.
- 5. Avoid hormone replacement unless you have severe menopausal symptoms.
- 6. In selected cases, it may be necessary to conduct non-invasive or even invasive tests to determine the nature and severity of the heart disease.
- 7. Sometimes angioplasty/stenting or even bypass surgery may be needed if you have severe and symptomatic arterial blockage.
- 8. Learn CPR.
- 9. And as Dr. P.K. Shah always recommends, CHOOSE YOUR PARENTS WISELY!

https://theheartfoundation.org/heart-disease/how-to-reduce-your-heart-disease-risk/

MONTHLY BIBLE SCRIPTURE READINGS FOR FEBRUARY

1	Ex. 13-14;	Ps. 32;	Mark 12
2	Ex. 15-16;	Ps. 33;	Mark 13
3	Ex. 17-18;	Ps. 34;	Mark 14
4	Ex. 19-20;	Ps. 35;	Mark 15
5	Ex. 21-22;	Ps. 36;	Mark 16
6	Ex. 23-24;	Ps. 37;	Luke 1
7	Ex. 25-26;	Ps. 38;	Luke 2
8	Ex. 27-28;	Ps. 39;	Luke 3
9	Ex. 29-30;	Ps. 40;	Luke 4
10	Ex. 31-32;	Ps. 41;	Luke 5
11	Ex. 33-34;	Ps. 42;	Luke 6
12	Ex. 35-36;	Ps. 43;	Luke 7
13	Ex: 37-38;	Ps. 44;	Luke 8
14	Ex. 39-40;	Ps. 45;	Luke 9
15	Lev. 1-2;	Ps. 46;	Luke 10
16	Lev. 3-4;	Ps. 47 ;	Luke 11
17	Lev. 5-6;	Ps. 48;	Luke 12
18	Lev. 7-8;	Ps. 49;	Luke 13
19	Lev. 9-10;	Ps. 50;	Luke 14
20	Lev. 11-12;	Ps. 51;	Luke 15
21	Lev. 13;	Ps. 52;	Luke 16
22	Lev. 14;	Ps. 53;	Luke 17
23	Lev. 15-16;	Ps. 54;	Luke 18
24	Lev. 17-18;	Ps. 55;	Luke 19
25	Lev. 19-20;	Ps. 56;	Luke 20
26	Lev. 21-22;	Ps. 57;	Luke 21
27	Lev. 23-24;	Ps. 58;	Luke 22
28	Lev. 25	Ps. 59;	Luke 23
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MEETINGS

SUNDAY SCHOOL – EVERY SUNDAY – 9:30 a.m.

Department	Location
Adult	Sanctuary
Youth	Men's Choir Room

MINISTRY MEETING SCHEDULE

Singers	Thursday, February 8 th & 22 nd	6:00 p.m.	Sanctuary
Mass Choir	Thursday, February 15 th	7:00 p.m.	Sanctuary

MT. HERMON BAPTIST CHURCH



@ 6:30 A.M.

EVERY WEDNESDAY

Dial: 1-425-436-6361 Acess Code: 8938473

SICK LIST

Bold highlighting indicates a change since the last listing.

Sister Janie Bonner, Suburban Pavilion Nursing and Rehabilitation Center, 20265 Emery Rd., 44128.

Sister Lois Everhart, The Avenue Care and Rehabilitation Center, 5442 Rae Rd. Rm#239, Lyndhurst, OH 44124.

Sister Hattie McCants, Forest Hills Place, 3351 Mayfield Rd., 44118.

Sister Nellie Newell, Brunswick Pointe Transitional Care, 4355 Laurel Rd., Brunswick, OH 44212.

Mother Annie Reed, Villa St. Joseph, 5200 Marymount Dr., 44135.

Mother Essie Williams and Sister Eva Hawkins, Jennings Nursing Home, 10204 Granger Rd., 44125.

These members are sick at home:

Deacon Timothy Abernathy Sister Joyce Austin Sister Maudra Dennis Sister Linda Ferguson Sister Annie Fulp Sister Lee-Vall Gardner Sister Elizabeth Garrison Sister Yvette Hannah Sister Yvonne Hannah Sister Viola Jackson Sister Audrey Johnson Sister Carrie Lewis Sister Mattie Lockridge Brother Kenneth Neal Trustee Wife Lillie Neal Sister Lillie Pittman Sister Geraldine Ray Sister Emma Rollins Sister Mary Scruggs Sister Catherine Sullivan Deaconess Hattie Warren Deacon Willie Warren Sister Geraldine Wilson



- 1) Historian Carter G. Woodson chose February as the month to honor Black History because?
- 2) T/ F Black History Month is only celebrated in the United States?
- 3) The first Black History Month celebration in the United States took place when?
- 4) This former slave became a famous abolitionist and a Methodist Preacher.?
- 5) Which United Methodist Church is named after one of the "Founding Fathers of Gospel music"?
- 6) Who was the first African American Bishop in the U.M.C.?
- 7) After the U.S. Civil War this trail blazing African American woman went to college, owned businesses, and became a Methodist Missionary?
- 8) Who was the only woman besides Coretta Scott King on the platform when M.L.K. gave his "I have a Dream" speech in 1963.
 - 8. Dorothy Height
 - anilloD anilagnA nasu2
 - 6. Roy Nicholes
 - S. Tindley Temple
 - 4. Sojourner Truth
 - 0261 °E
 - 2. False
 - L. Abraham Lincoln and Frederick Douglas were born in February.

VISMER KEY

Sermon	
Text	

Order of Worship				
CALL TO WORSHIP	MINISTER			
MASS CHOIR				
SCRIPTURE READING &PRAYER O.T. – DANIEL 4:10-18				
MASS CHOIR				
ANNOUNCEMENT	DEACON EARL SCRUGGS, JR.			
ANNOUNCEMENT	DEACON DOUGLAS LITTLE			
ALTAR CALL	• • • • • • • • • • • • • • • • • • • •			
WORSHIP IN GIVING	MINISTER			
MASS CHOIR				
WORD OF GOD	ELDER TOBY JONES, SR.			
ΑΑ ΙΝΙΧΙΤΟΛ ΤΟΙΝΙ ΑΑ				

ትት INVITATION TO JOIN ትት

ት BENEDICTION ት ት



"REMEMBER YOUR FAITH CHALLENGE"

By mail: P.O. BOX 5029 Cleveland, OH 44101

TEXT: Keyword "MEAT" TO 73256

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