

# HEALTH & WELLNESS FAIR

## 7/27/24

SCAN TO REGISTER

### Health Educational Sessions

- Physical
- Mental
- Medical
- Spiritual
- Adult sessions 18-up
- Youth sessions 5-17 



## Resources and Experts Available



Activities to learn how to work towards your health goals

**Deadline to register is June 30th**

Gifts and giveaways for each registered attendee 

It's time for Mt. Hermon to **BE WELL**